



The Incredible Years

Free 13 Week Parenting Class

Starts February 24, 2020
Every Monday until May 18, 2020

Place: 2445 N 8th St
Family Meal Time: 5:30 pm
Class Time: 6:00 - 8:00 pm



For parents with
children ages 3 - 6

*Classes, childcare
and meals are
provided at no cost
to families*

Benefits Include:

- Stronger children’s social skills (taking turns, waiting, asking, sharing, helping, complimenting)
- Self-control strategies and problem solving steps
- Emotional awareness (naming feelings)
- School successes (reading and social readiness)
- Fewer challenging behaviors
- Increased self-esteem, self-confidence and positive relationships

To REGISTER FOR
THE CLASS

PLEASE CALL

970-765-8027

OR EMAIL

TWORKMAN@MESADEV.ORG



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