A MESSAGE FROM THE CEO...

Submitted by Grant Jackson
It’s a new year and it’s a wonderful time to look towards the future. Let’s make 2020 a year of positive movement, innovation and creativity! Let’s look to create meaningful opportunities for the amazing people we support and for our community as a whole. Let’s focus on creating partnerships with colleagues in our community. Let’s build relationships. Let’s look outside our box, breakdown our silos and while we’re at it, let’s be thoughtful and kind. Let’s get better at what we are already great at. I look forward to continuing to get to know you all throughout the next year. Let’s make it great!

DEPARTMENT UPDATES...

PR/DEVELOPMENT...

Submitted by Doug Sorter

PR/Marketing:

Okay we had some fun this December:

- Ugly Sweater contest Anna and Stephanie won!!!

- Walter and his team showed off their skills in self-defense.

Inside This Issue

1 A Message from the CEO
1 Department Updates
1 PR/Development
2 Vocational Programs
4 Human Resources
4 Finances
5 Behavior
5 MDS Resource Coordination
6 Birthdays & Anniversaries
• The First Annual Chili Cook Off was won by Laura.

• The Annual Newsletter made it out to the community. It was well done by one of the people we support.
• We finished up the year pretty strong on donations.
• Events are in the process of being scheduled and are exciting.
• We received a new bus for Family Health West.

We are all very excited about 2020 and can’t wait to kick it off with a bang!

VOCATIONAL PROGRAMS...

2850 Chipeta
Submitted by: Peggy Gordon
Grounds Crew

Despite the cold weather, Grounds Crew had a great December. On the days we were able to get out and about, we worked hard at St. Mary’s hospital grounds, the surgical pavilions, and on our own grounds at the main office, picking up trash. We Strive to keep them looking nice! Besides picking up trash, we also did recycling for our residential houses, which includes sorting aluminum cans, tin, plastic, and cardboard that we collect. We then take it all to the appropriate recycling centers to be recycled. They seem to have the most fun when they are given that little slip of paper to collect the small amount of money that we get from recycling the aluminum and tin.

On the days that it was too cold to go out, we helped Creative Creations sand boards for some of their upcoming projects.
Besides all the hard work we did, Mr. and Mrs. Clause came to visit. What a great surprise that was! We also had a Christmas party for the whole building, which included BBQ pulled pork sandwiches, coleslaw, and hot cocoa. The Salvation Army donated gift bags to everyone that included a stuffed animal, cocoa, and a candy cane. It was a great December!!!

**Creative Creations**
The month of December was a busy and exciting month for us, preparing for Christmas. We made hundreds of clay gingerbread men and Christmas trees for sensory Christmas at Botanical Gardens. We also made Christmas countdown signs for Uniquely Yours. And if that wasn’t enough, we also sanded and painted boards in preparation for upcoming projects. It wasn’t all work though. We had a big Christmas party for our building, which included BBQ pulled pork sandwiches, coleslaw, and hot cocoa for desert. The Salvation Army donated Christmas bags to everyone, filled with a stuffed animal, hot cocoa, and a candy cane. And let’s not forget that Mr. and Mrs. Clause came to visit. It was a great month!!

**Fruitvale**
*Submitted by: Kelly Lupo*

**Wellness and Active Wellness**
Staff worked with individuals on Christmas activities all month. Staff and individuals worked on decorating the 508 Building and making it festive and welcoming. Active Wellness worked on Christmas bulbs that were sent home prior to the holiday and Wellness individuals planned the Christmas Party that was co-celebrated with Uniquely Yours as well. They chose to celebrate with a Feliz Navidad Party with authentic Mexican Food. A few of the individuals went to see Santa at Mesa Mall and had a nice outing.

**Uniquely Yours**
Uniquely Yours had out best sales month in December! They worked on new projects for the photos with Santa and customers stayed warm with hot drinks and cookies from Sweet Success for donations. The individuals enjoyed visits from Santa twice, had a wonderful time at their gift exchange, and a Mexican Christmas Lunch with Wellness and Active Wellness at 508!

**1505 Chipeta**
*Submitted by: Casey Gordon*

**Coffee Klatch**
This December was a good one. We made a lot of sugar cookies from scratch for the sensory Christmas party. I was very proud of the group and how well the cookies turned out. Everyone participated in this. We also helped PA in making Christmas ornaments for the sensory Christmas. Everyone is very glad DA and RE are back into the group. NH is becoming much more social with peers and staff. They have also been working on their sign language together, to better communicate with him. We made some awesome crafts this month at the Art Center, some of which will be on display here shortly. PM is a great addition to our crew.
We also went to the Dinosaur museum and enjoyed a great Christmas party. I look forward to the New Year and another month with this group.

**Healthy Body/Healthy Mind**
This month this group changed up some of their activities due to the very cold weather. We have been spending more time doing indoor activities than during the summer. Instead of going fishing, we have been going to Bank 8 to play billiards. We have also begun walking indoors at the mall instead of going out on hikes. We bagged about 250 bags of Kid’s Aid food for the students of District 51. We usually do twice that amount, but the holidays have put a bit of a hamper on this activity. We had a safe and merry Christmas, celebrating with a small party of all our peers. Overall, we had a great month and are looking forward to this spring so we can get back outdoors.

**Performing Arts**
This month we did number of activities. The group really seemed to enjoy making ornaments for sensory Christmas. Throughout the month you could really see everyone’s growth and creativity blossom. The group also went to several museums with Coffee Klatich including Museum of the West, as well as the Eureka Science Center. We celebrated the holidays with a Christmas party full of good food and fun times.

Monday’s Photography group is beginning to understand different photo styles and have begun experimenting with different angles as well as changing ISO settings. We’ve begun toy photography due to the cold temps. Tuesdays we go to Fruita Rec Center for swim day and then finish the day with karaoke. Wednesdays are fun filled days full of crafts, and an outing to the Art Center. On Thursdays, we work on motor skills, help during kids aid and meditate in the afternoon. Friday is another Art Center day, as well as karaoke in the afternoon. We finished off the year with amazing friends, a million laughs and most importantly fun experiences with peers.

---

**HUMAN RESOURCES...**
*Submitted by: Adele Avolio*

Wood shop crew delivers stand to the Training Department - Wendy asked the Wood Shop if they could fix an unsteady podium. Imagine her surprise when they delivered a brand new, adjustable stand. Thank you Wood Shop crew!

---

**FINANCES...**
*Submitted by Chris Bergquist:*
- Mutual of America is on site the week of 1/7 to try and spur more participation in the 403b plan.
- We submitted our documentation for how we spent the HB 1407 6.5% rate increase to the State in Dec. We are awaiting any feedback but show that we spent all the funds as intended.
**BEHAVIORAL & CLINICAL PHARMACOLOGY...**

*Submitted by: Christina Cruz*

New Year’s Resolution(s) - Most of us make New Year’s resolutions when a new year rolls around. Some of the most common resolutions are: to lose weight, eat healthier, exercise more, stop smoking, drink less, get a new job, get organized, etc. Sometimes these resolutions can cause stress. It is important when thinking of a resolution to have a plan on how to accomplish this resolution. Plan small, achievable goals you can obtain. By plotting out small, manageable steps throughout the year, you’re giving yourself ways to feel accomplished and to avoid stressing out as you journey towards your final goal. Nothing increases motivation like little victories!

The Behavior Department would like to acknowledge: Jamee Hansen for all of the hard work and support she provides on a daily basis!

---

**MDS RESOURCE COORDINATION...**

*Submitted by Kayla Purdy*

- For the month of November and December we had a total of ??? individuals enrolled into services. Our intake team is working hard at getting people enrolled each month!
- This month the Case Management Department wants to recognize ???
- The Case Management Department would like to nominate James Wright with Strive for the month of December. He went the extra mile to follow up with a guardian regarding their concern of someone’s wheelchair, by going to the guardian’s home because they recently had a stroke. Thank you James for your continued support with our individual’s.
- For the month of November we had 1 HCBS-DD Waiver Enrollment offered off of the ASAA Wait list. This resource was accepted! The Case Management Department also submitted 2 Emergency Enrollment requests for the DD Waiver. One has been approved by HCPF and 1 is still pending. In December we submitted another DD Emergency Enrollment request and it has been approved.
- People First has no events scheduled for January, but they will be having a Valentine’s Party on February 10th. The location is still being determined, so stay tuned for more information on that!
- We wanted to again recognize Patricia Moncada with Mosaic. She has worked so hard on a case that has definitely stretched everybody. She has worked hard to access resources in order to support the individual and their team, has made this case a top priority despite having a full caseload, and has managed this case with a lot of integrity. We are continually impressed by Patricia’s hard work and think she deserves to be recognized by all agencies for her incredible work.
- This month the Case Management Department wants to recognize Kris Popish, one of our Case Management Monitoring Specialists, for her hard work and dedication to the individuals she serves. Kris is a wonderful member of our team and the individuals she works with really enjoy having her be a support in their lives. Kris continues to go above and beyond for those she works with and truly cares for them. Thank you Kris!
## BIRTHDAYS

<table>
<thead>
<tr>
<th>DAY</th>
<th>STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>MaryAnn Capozzi, Jeff Fouts, Kevin Foxx, Danielle Hargis, Kim Kohlenberg, Carl Lankard, Nathan Longuevan, Rod Mandel, Scott McWilliams, Terry O'Dwyer, Tom Pritchett, Raymond Roy, Jason Sasso, Mindy Thompson, Taylor Blake, Justin Ward, Matthew Wheeler, Eddy Willison, Tom Wilson</td>
</tr>
<tr>
<td>1/4</td>
<td>Don Wens</td>
</tr>
<tr>
<td>1/5</td>
<td>Dale Clement</td>
</tr>
<tr>
<td>1/8</td>
<td>Caleb Burgesser, Merianne Shaw</td>
</tr>
<tr>
<td>1/10</td>
<td>John Bystedt</td>
</tr>
<tr>
<td>1/11</td>
<td>Wendy Asplund</td>
</tr>
<tr>
<td>1/13</td>
<td>Mike Houck</td>
</tr>
<tr>
<td>1/15</td>
<td>Ana Hegwood</td>
</tr>
<tr>
<td>1/17</td>
<td>Kimberly McHugh</td>
</tr>
<tr>
<td>1/19</td>
<td>Darren Eilers</td>
</tr>
<tr>
<td>1/21</td>
<td>Bayley Russell</td>
</tr>
<tr>
<td>1/22</td>
<td>Paul Sims</td>
</tr>
<tr>
<td>1/24</td>
<td>Sheldon Peterson</td>
</tr>
<tr>
<td>1/25</td>
<td>Athena Ruiz</td>
</tr>
<tr>
<td>1/26</td>
<td>Virginia Bonahm</td>
</tr>
<tr>
<td>1/29</td>
<td>Steve Morris</td>
</tr>
<tr>
<td>1/30</td>
<td>Schelley Phillips</td>
</tr>
<tr>
<td>1/125</td>
<td>Sam Horton</td>
</tr>
<tr>
<td>1/28</td>
<td>Desiree Aydt,</td>
</tr>
<tr>
<td>1/29</td>
<td>Katelyn Digrado</td>
</tr>
</tbody>
</table>

## ANNIVERSARIES

<table>
<thead>
<tr>
<th>YEAR</th>
<th>STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Adele Avolio, Connie Benson, Micahel Callan, Shana Green, Kiel Lynn, Tiffani Pollock, Bayley Russell, Joyce Wheatley</td>
</tr>
<tr>
<td>2-4</td>
<td>Sean Baird, Angela Brown, Katelyn Digrado, Kevin Foxx, Devin Hardy, Joseph Hedges, Jeni LeVan, Fred Martin, Logan Mason, Sherry Moore, Krista Popish, Justin Rancier, Bianca Ruiz, Mindy Thompson, Patrick Trevan, Kyle Vansetten</td>
</tr>
<tr>
<td>6-9</td>
<td>Pam Bishop</td>
</tr>
<tr>
<td>10</td>
<td>Tim Drake, Angela Herrera</td>
</tr>
<tr>
<td>12</td>
<td>Clayton Nash</td>
</tr>
<tr>
<td>14</td>
<td>Johnny Otten</td>
</tr>
</tbody>
</table>